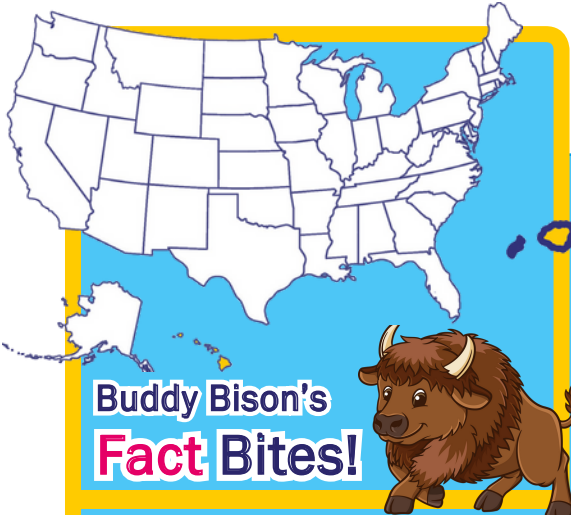


# hawaii

## parks for kids



### Buddy Bison's Fact Bites!

- Hawaii is the only state that grows coffee, has tropical rainforests, and is made entirely of islands.
- Hawaii is also known as the “Aloha State.” Aloha means “hello” as well as “goodbye.”
- Due to continuous volcanic eruptions, Hawaii is the only state to actually have an increasing land mass.
- Surfing, also known as “he’e nalu,” was invented thousands of years ago by the first settlers of Hawaii, the Polynesians. Their boards weighed about 150 pounds!



### 1. Hawaii Volcanoes National Park

View the Holei Sea Arch or hike to the Thurston Lava Tube! Stop by the visitor center to learn about the history of Mt. Kilauea or look for the Pu’u Loa Petroglyphs. Be sure to check online to find out where you can view lava flows in the park!

### 2. Haleakala National Park

Become a Junior Ranger! Complete the bird and plant checklists from the visitor center or hike the Hosmer Grove Loop. Spend the night camping, then view the Waimoku Falls. Keep your eyes peeled for rare birds found only in Hawaii!

### 3. Iao Valley State Monument

Hike out to the Kuka’emoku Viewpoint or walk through the botanical garden to learn about local plants. Visit the lookout shelter.

### 4. Akaka Falls State Park

Walk down the scenic rainforest pathway to view the Akaka Falls, the most famous waterfall in all of Hawaii!

### 5. Wai’anapanapa State Park

Have a picnic in the park, then spend the night. Go fishing or hike a trail to Hana. Visit the legendary cave and the temple. View the blowholes then find the Natural Stone Arch. Stop by the natural black sand beach.



### 6. Na Pali Coast State Park

Swim in the Pacific Ocean, then build a sand castle on the beach. Spend the night and backpack into the wilderness. View a 300-foot waterfall and swim below it!

### 7. Waimea Canyon and Koke’e State Park

View the Waimea Canyon Lookout or hike the Iliau Nature Loop. Go to Puu Ka Pele to see the Waipoo Falls or hike into the Alakai Swamp. Spend the night camping!

### 8. Iolani Palace State Park

Explore the palace to see how Hawaiian royalty once lived! Listen to the Royal Hawaiian Band play on Fridays and check out the Coronation Pavillion where Hawaiian royalty were crowned.