# maine parks for kids

### 1. Acadia National Park

Become a Junior Ranger! Hike the Ridge Trail to Cadillac Mountain or the Nature Trail to Jordan Pond, tour the Wild Gardens of Acadia, then stop by Thunder Hole and Schoodic Point. Look for shells at Sand Beach, picnic at Seawall, and gaze at the waterfall by Waterfall Bridge.

#### 2. Baxter State Park

Hike to Chimney Pond then check out Abol Pond for a chance to spot a moose! Canoe around Celia-Jackson Ponds then view the South Branch Falls. Make sure you hike up the tallest mountain in the state, Katahdin!

#### 3. Cobscook Bay State Park

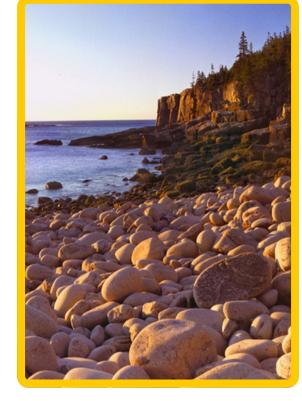
Climb the Cunningham Mountain at sunrise and catch a great view. Hike Anthony's Beach Trail to view the Reversing Falls. Go clamming and end the day by the campfire.

#### 4. Lily Bay State Park Go swimming in Moosehead Lake or make a

Go swimming in Moosehead Lake or make a sand castle on the beach. Rent a canoe and paddle around Prong Pond, then hike to the top of Big Moose mountain. For moose-watching, check out Lazy Tom Bog!

#### 5. Grafton Notch State Park

Explore Moose Cave, then be sure to catch the views at Screw Auger and Mother Walker Falls! Picnic at Spruce Meadow while gazing at Old Speck Mountain.



#### 6. Rangeley Lake State Park

Pan for gold at Coos Canyon and take a dip in the icy cold water! Warm up with a 2-mile hike on Bald Mountain and finish off with a panoramic view at Height of Land overlook.

#### 7. Maine Costal Island National Wildlife Refuge

Check out the Visitor Center exhibits and the Petit Manan Lighthouse, then go for a hike on the Hollingsworth Trail. Keep an eye out for puffins in their natural habitat!

## 8. Fort Williams Park and Portland Headlight

View the Portland Headlight the oldest lighthouse in America! Explore the rocky beach, take a hike and learn about American history in Fort Williams.



## Buddy Bison's **Fact Bites!**

ed States.

- www.parktrust.org
- Maine is the only state that shares its border with only one other American state. It is bordered by New Hampshire and New Brunswick, Canada.

Aptly named Eastport, Maine is

the easternmost city in the Unit-

- Over 98% of the nation's blueberries are harvested in Maine, making the fruit worthy of its recognition as the state berry.
- Around 90% of the nation's lobsters are captured along Maine's coast.

