



## Kids to Parks Day School Grants Program In-Park Examples

**In-Park Educational Component:** Your application for an in-park field trip must include an educational component that focuses on either outdoor recreation and healthy lifestyles, environmental science, or history/civics.

This component may be led by school staff at the park or by park staff as a part of a guided program.

*Some examples include:*

- Science
  - Biology: ecosystems, plant or animal adaptations, human/wildlife interactions
  - Biology: rock cycle, erosion and deposition, mountain building, volcanoes
  - Hydrology: lake formation, salinity, water quality
- History/Civics
  - Battle sites during wars: such as the Revolutionary War or the Civil War
  - Westward Expansion: Lewis and Clark, Oregon Trail, or Gold Rush
  - Civil Rights Movement: Sites of important speeches or events, historic homes
- STEM
  - Bridge or trail design and building
  - Stabilization of high erosion sites
  - Coastal structure design
- Health
  - Promote physical health through hiking, yoga, paddling, or biking
  - Promote mental health through yoga or meditation at a park
  - Practice mindfulness through nature journaling